



Westerly High School Lunch

December 2017

27
Chicken Ranch Club Flatbread
 Ranch Popcorn Chicken Salad w/ Breadstick

side items

Fresh Fruit & Veggie Bar
 Mashed Potatoes w/ Gravy

28
Cheesy Baked Penne w/ Breadstick
 Ranch Popcorn Chicken Salad w/ Breadstick

side items

Fresh Fruit & Veggie Bar
 Campfire Beans

29
French Toast Sticks w/ Sausage
 Ranch Popcorn Chicken Salad w/ Breadstick

side items

Fresh Fruit & Veggie Bar
 Tater Tots

30
Meatball Sub
 Ranch Popcorn Chicken Salad w/ Breadstick

side items

Fresh Fruit & Veggie Bar
 Green Beans

1
Beef & Cheese Nachos
 Ranch Popcorn Chicken Salad w/ Breadstick

side items

Fresh Fruit & Veggie Bar
 Corn

4 **Fuel**
Spaghetti & Meatballs
 Chipotle Ranch Burger
 Chicken Caesar Salad w/ Breadstick

Fresh Fruit & Veggie Bar
 Seasoned Corn

5 **Fuel**
Fish Sticks w/ Macaroni & Cheese
 Chipotle Ranch Burger
 Chicken Caesar Salad w/ Breadstick

Fresh Fruit & Veggie Bar
 Baked Beans

6 **Fuel**
Shepherd's Pie w/Breadstick
 Chipotle Ranch Burger
 Chicken Caesar Salad w/ Breadstick

Fresh Fruit & Veggie Bar
 Tater Tots

7 **Fuel**
Sweet & Sour Chicken Bowl
 Chipotle Ranch Burger
 Chicken Caesar Salad w/ Breadstick

Fresh Fruit & Veggie Bar
 Green Beans

8
Beef & Cheese Nachos
 Chicken Caesar Salad w/ Breadstick

side items

Fresh Fruit & Veggie Bar
 Corn

11 **Fuel**
Oven Roasted Chicken Drumstick w/ Breadstick
 Pepper Parm Burger
 Buffalo Chicken Salad

Fresh Fruit & Veggie Bar
 Mashed Potatoes w/ Gravy

12 **Fuel**
Pasta & Meatsauce w/ Breadstick
 Pepper Parm Burger
 Buffalo Chicken Salad

Fresh Fruit & Veggie Bar
 Seasoned Carrots

13 **Fuel**
Bacon & Cheese Baked Potato
 Pepper Parm Burger
 Buffalo Chicken Pizza

Fresh Fruit & Veggie Bar
 Broccoli

14 **Fuel**
Chicken Tenders w/ Breadstick
 Pepper Parm Burger
 Broccoli, Pepper & Onion Pizza
 Buffalo Chicken Salad

Fresh Fruit & Veggie Bar
 Green Beans

15
Beef & Cheese Nachos
 Buffalo Chicken Salad

side items

Fresh Fruit & Veggie Bar
 Seasoned Corn

18
Meatloaf w/ Gravy & Roll
 Beef Tacos
 Chicken Caesar Salad w/ Breadstick

side items

Fresh Fruit & Veggie Bar
 Mashed Potatoes w/ Gravy

19
Chicken Fajitas
 Broccoli & Cheese Baked Potato w/ Dinner Roll
 Chicken Caesar Salad w/ Breadstick

side items

Fresh Fruit & Veggie Bar
 Broccoli

20
French Toast Sticks w/ Sausage
 Chicken Parm Sandwich
 Chicken Caesar Salad w/ Breadstick

side items

Fresh Fruit & Veggie Bar
 Tater Tots

21
Chicken Tenders w/ Breadstick
 Pasta & Meatsauce w/ Breadstick
 Chicken Caesar Salad w/ Breadstick

side items

Fresh Fruit & Veggie Bar
 Baked Beans

22
Beef & Cheese Nachos
 Chicken Caesar Salad w/ Breadstick

side items

Fresh Fruit & Veggie Bar
 Corn

25
No School
 Holiday Recess

side items

26
No School
 Holiday Recess

side items

27
No School
 Holiday Recess

side items

28
No School
 Holiday Recess

side items

29
No School
 Holiday Recess

side items

Want to see new items in the cafeteria? Reach out to Josh via email to the right to become a member of the WHS Food Committee

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

Make Payments Online at www.myschoolbucks.com



Breakfast is important!

Start your day off right with a healthy breakfast! We offer a variety of items to choose from so you can start your day, your way!

Lunch Prices:
 Reduced: \$0.40, Paid: \$2.80



Questions? Email:
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