



Westerly High School Breakfast

December 2017

27 Apple Frudel

side items
Apples and Diced Pears
100% Fruit Juice & Low-Fat Milk

28 Berry French Toast w/ Syrup

side items
Oranges and Fruit Cocktail
100% Fruit Juice & Low-Fat Milk

29 Oatmeal Raisin Benefit Bar

side items
Pears and Applesauce
100% Fruit Juice & Low-Fat Milk

30 Apple Cinnamon Muffin w/ String Cheese

side items
Bananas and Raisins
100% Fruit Juice & Low-Fat Milk

1 Blueberry Bagel w/ Cream Cheese

side items
Grapes and Diced Peaches
100% Fruit Juice & Low-Fat Milk

4 Chocolate Chip Muffin w/ String Cheese

side items
Apples and Diced Pears
100% Fruit Juice & Low-Fat Milk

5 Pancakes w/ Syrup

side items
Oranges and Fruit Cocktail
100% Fruit Juice & Low-Fat Milk

6 Cinnamon Raisin Bagel w/ Cream Cheese

side items
Pears and Applesauce
100% Fruit Juice & Low-Fat Milk

7 Apple Bosco Sticks

side items
Bananas and Raisins
100% Fruit Juice & Low-Fat Milk

8 Waffles w/ Syrup

side items
Grapes and Diced Peaches
100% Fruit Juice & Low-Fat Milk

11 Oatmeal Raisin Benefit Bar

side items
Apples and Diced Pears
100% Fruit Juice & Low-Fat Milk

12 Plain Bagel w/ Cream Cheese

side items
Oranges and Fruit Cocktail
100% Fruit Juice & Low-Fat Milk

13 French Toast w/ Syrup

side items
Pears and Applesauce
100% Fruit Juice & Low-Fat Milk

14 Cinnamon Raisin Bagel w/ Cream Cheese

side items
Bananas and Raisins
100% Fruit Juice & Low-Fat Milk

15 Banana Chocolate Chip Benefit Bar

side items
Grapes and Diced Peaches
100% Fruit Juice & Low-Fat Milk

18 Blueberry Muffin w/ String Cheese

side items
Apples and Diced Pears
100% Fruit Juice & Low-Fat Milk

19 Waffles w/ Syrup

side items
Oranges and Fruit Cocktail
100% Fruit Juice & Low-Fat Milk

20 Cinnamon Breakfast Round

side items
Pears and Applesauce
100% Fruit Juice & Low-Fat Milk

21 French Toast Sticks w/ Syrup

side items
Bananas and Raisins
100% Fruit Juice & Low-Fat Milk

22 Apple Frudel

side items
Grapes and Diced Peaches
100% Fruit Juice & Low-Fat Milk

25 No School
Holiday Recess

side items

26 No School
Holiday Recess

side items

27 No School
Holiday Recess

side items

28 No School
Holiday Recess

side items

29 No School
Holiday Recess

side items

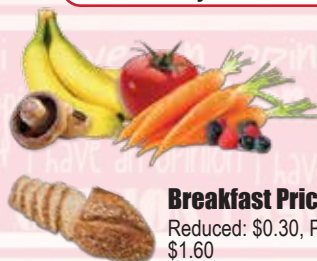
Want to see change in the cafeteria? Contact brochu-joshua@aramark.com to become a member of the WHS Food Committee today!

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

Make Payments Online at www.myschoolbucks.com



Breakfast is important!

Start your day off right with a healthy breakfast! We offer a variety of items to choose from so you can start your day, your way!

Breakfast Prices:
Reduced: \$0.30, Paid: \$1.60



Questions? Email:
brochu-joshua@aramark.com