


<p><b>2</b> Oatmeal Raisin Benefit Bar</p> <p><i>side items</i> Diced Pears, Apple 100% Fruit Juice, Low-Fat Milk</p>	<p><b>3</b> Sausage, Egg &amp; Cheese English Muffin</p> <p><i>side items</i> Fruit Cocktail, Oranges 100% Fruit Juice, Low-Fat Milk</p>	<p><b>4</b> French Toast Sticks w/ Syrup</p> <p><i>side items</i> Applesauce, Pears 100% Fruit Juice, Low-Fat Milk</p>	<p><b>5</b> Blueberry Bagel w/ Cream Cheese</p> <p><i>side items</i> Raisins, Bananas 100% Fruit Juice, Low-Fat Milk</p>	<p><b>6</b> Chocolate Chip Breakfast Round</p> <p><i>side items</i> Diced Peaches, Fresh Grapes 100% Fruit Juice, Low-Fat Milk</p>
<p><b>9</b> No School Columbus Day</p> <p><i>side items</i></p>	<p><b>10</b> Blueberry Muffin w/ String Cheese</p> <p><i>side items</i> Fruit Cocktail, Oranges 100% Fruit Juice, Low-Fat Milk</p>	<p><b>11</b> Cinnamon Breakfast Round</p> <p><i>side items</i> Applesauce, Pears 100% Fruit Juice, Low-Fat Milk</p>	<p><b>12</b> Egg &amp; Cheese Bagel</p> <p><i>side items</i> Raisins, Bananas 100% Fruit Juice, Low-Fat Milk</p>	<p><b>13</b> Cherry Frudel</p> <p><i>side items</i> Diced Peaches, Fresh Grapes 100% Fruit Juice, Low-Fat Milk</p>
<p><b>16</b> Waffles w/ Syrup</p> <p><i>side items</i> Diced Pears, Apple 100% Fruit Juice, Low-Fat Milk</p>	<p><b>17</b> Glazed Cinnamon Roll</p> <p><i>side items</i> Fruit Cocktail, Oranges 100% Fruit Juice, Low-Fat Milk</p>	<p><b>18</b> Bacon, Egg &amp; Cheese on a Biscuit</p> <p><i>side items</i> Applesauce, Pears 100% Fruit Juice, Low-Fat Milk</p>	<p><b>19</b> Pancakes w/ Syrup</p> <p><i>side items</i> Raisins, Bananas 100% Fruit Juice, Low-Fat Milk</p>	<p><b>20</b> Chocolate Chip Muffin w/ String Cheese</p> <p><i>side items</i> Diced Peaches, Fresh Grapes 100% Fruit Juice, Low-Fat Milk</p>
<p><b>23</b> Apple Frudel</p> <p><i>side items</i> Diced Pears, Apple 100% Fruit Juice, Low-Fat Milk</p>	<p><b>24</b> Bagel w/ Cream Cheese</p> <p><i>side items</i> Fruit Cocktail, Oranges 100% Fruit Juice, Low-Fat Milk</p>	<p><b>25</b> Sausage, Egg &amp; Cheese English Muffin</p> <p><i>side items</i> Applesauce, Pears 100% Fruit Juice, Low-Fat Milk</p>	<p><b>26</b> Cinnamon Apple Muffin w/ String Cheese</p> <p><i>side items</i> Raisins, Bananas 100% Fruit Juice, Low-Fat Milk</p>	<p><b>27</b> French Toast Sticks w/ Syrup</p> <p><i>side items</i> Diced Peaches, Fresh Grapes 100% Fruit Juice, Low-Fat Milk</p>
<p><b>30</b> Pancakes w/ Syrup</p> <p><i>side items</i> Diced Pears, Apple 100% Fruit Juice, Low-Fat Milk</p>	<p><b>31 Halloween</b> Banana Muffin w/ String Cheese</p> <p><i>side items</i> Fruit Cocktail, Oranges 100% Fruit Juice, Low-Fat Milk</p>	<p><b>1</b> Cinnamon Raisin Bagel w/ Cream Cheese</p> <p><i>side items</i> Applesauce, Pears 100% Fruit Juice, Low-Fat Milk</p>	<p><b>2</b> Egg &amp; Cheese Bagel</p> <p><i>side items</i> Raisins, Bananas 100% Fruit Juice, Low-Fat Milk</p>	<p><b>3</b> Waffles w/ Syrup</p> <p><i>side items</i> Diced Peaches, Fresh Grapes 100% Fruit Juice, Low-Fat Milk</p>



Please turn in your free/reduced applications as soon as possible. The grace period ends on October 18th.

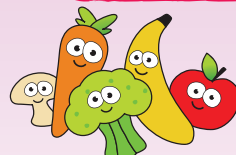
 Local ingredients are always used when in season

 Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Make Payments Online at [www.myschoolbucks.com](http://www.myschoolbucks.com)



### Eat Local!

We strive to offer the freshest fruit & vegetables for all our meals. Each month we offer local produce within 150 miles of Westerly!



**Breakfast Prices:**  
Reduced: \$0.30, Paid: \$1.50



### Questions?

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